

Counselor's CORNER

JUNE 2022

Restorative Practices have been developed with one specific goal in mind: to support and facilitate the building of healthy relationships. We have begun utilizing aspects of Restorative Practice in our district and our hope is that you will join us as we strive to build a stronger and more inclusive community.

Restorative Practices at Home:
Using affective questions after
a conflict

1. What happened? What were you thinking of at the time?
2. What have you thought about since?
3. Who has been affected by what you have done? In what way?
4. What do you think you need to do to make things right?

These questions are about challenge, story, reflection and reparation and are designed to build a strong basis upon which to foster healthier relationships. The structure of the questions focus on the past, present, and future. The questions therefore emphasize the importance of harm and its impact on relationships.

Restorative Parenting Links

- <https://www.sheknows.com/parenting/articles/1133320/restorative-parenting/>
- <https://onefamilyhwl.org/wp-content/uploads/2020/04/Restorative-Practices-at-Home.pdf>

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